

How to Connect GOLFFOREVER to Your TV

Learn how to enjoy our most immersive at-home fitness experience by connecting GOLF**FOREVER** to your big-screen TV

The GOLF**FOREVER** program makes it easy to take your fitness plan anywhere with a few simple clicks. With modern technology, it's easier than ever to connect to your preferred home television, but depending on the devices at your disposal, there are several options to choose from.

To help make this process as simple as possible, we've outlined a few of the easiest and most common ways to connect GOLF**FOREVER** to your TV.

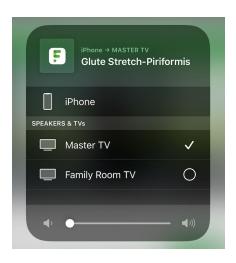
1. AIRPLAY DIRECTLY FROM THE APP

The most seamless way to display GOLF**FOREVER** on your big-screen TV is via the app's AirPlay 2 feature. To connect via AirPlay, you will either need an AirPlay-compatible Smart TV or an external Apple TV device.

Brands like LG, Vizio, Sony, and Samsung will likely have AirPlay 2 built-in if it was made after 2017. If you don't have one of those TVs or an Apple TV, scroll down to learn how to connect from your computer instead!

How to AirPlay to the GOLFFOREVER App to Your TV

- Be sure both devices are connected to the same WiFi network
- 2. Open the GOLFFOREVER app
- 3. Choose a GOLFFOREVER video, press PLAY
- Select a compatible Smart TV (or Apple TV device) from the list
- 6. Begin your workout!
- 7. If your TV is not appearing after you click the AirPlay icon, it is likely not AirPlay compatible. But don't worry! There are still several other ways for you to connect GOLFFOREVER to your TV with your computer below



2. SCREEN MIRROR FROM YOUR IPHONE TO A SMART TV

Screen mirroring is a simple way to work around casting issues by "mirroring" exactly what is on your phone to your Smart TV. Again, you will likely need a device with AirPlay compatibility for this to work.

How to Screen Mirror from iPhone to Your TV

- Be sure both devices are connected to the same WiFi network
- 2. Open your iPhone's Control Center (pictured)
- 3. Click "Screen Mirror"
- 4. Select an AirPlay compatible device
- 5. Navigate to a GOLFFOREVER video
- 6. Enter full screen

Remember, if the first two options don't work for you, don't worry! There are ways to connect GOLF**FOREVER** via your computer below.



3. CONNECT TO YOUR TV WITH HDMI

The most tech-free way to connect your laptop to your TV is via HDMI cable. If you have an HD TV, you likely have multiple HDMI ports available to connect to. A typical connection requires nothing more than a basic HDMI cable. However, some computers may require a simple adapter if it does not have an HDMI port (2019 MacBook Pro adapter, pictured below).





How to Connect to Your Computer to Your TV with HDMI

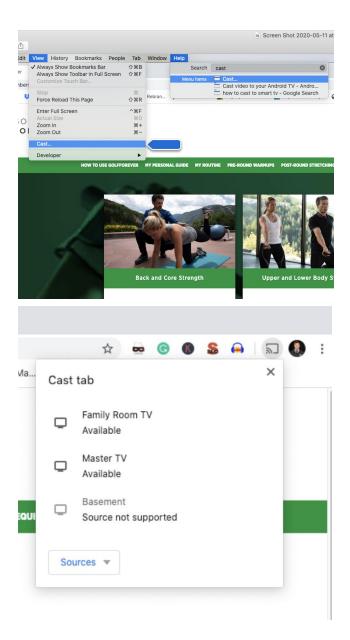
- 1. Connect HDMI from your computer to your TV
- 2. Select the proper input channel on your TV
- 3. Choose a GOLFFOREVER video
- 4. Enter full-screen mode
- 5. Begin your workout!

*If you are only seeing video on your TV but not hearing sound, be sure to adjust the audio output settings in your computer's System Preferences.

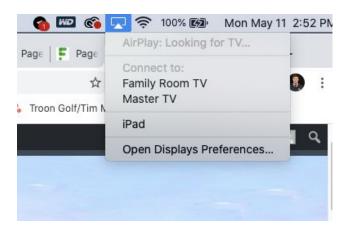
4. CONNECT TO A SMART TV OR STREAMING DEVICE

For a cord-free connection, many modern TVs have WiFi streaming capabilities already built in. This could be in the form of a built-in Chromecast \Box feature or an Apple AirPlay \Box feature. You can also use an actual Chromecast or Apple TV to accomplish this as well

To check if your devices are compatible, first make sure your TV and computer are connected to the same WiFi network. Then, using **Chrome Browser**, go to **VIEW** in the top menu, and click **CAST** to see nearby devices that are Chromecast compatible. Click the TV you want to connect to, and your screen will appear on your TV once it connects.



In the example above, you will see that two different smart TVs are available/compatible, but a third TV is not supported. You can also click the SOURCES button to toggle between casting an individual tab or your entire desktop screen.



If you're on an Apple computer or laptop, you can follow the same procedure by clicking the **AirPlay icon** in the top-right corner of your screen (using any browser) to see which devices are compatible. Choose the TV you wish to connect to. You may be prompted to enter an AirPlay Device Code that appears on your TV.

How to Wirelessly Connect to Your Smart TV or Streaming Device

- 1. Navigate to CAST within Chrome browser or AIRPLAY on a Mac
- 2. Select the TV you wish to display on, enter code if applicable
- 3. Choose a GOLF**FOREVER** video
- 4. Enter full-screen mode
- 5. Begin your workout!

For additional guidance as well as other alternatives (especially if you have an older computer or TV), check out this video:

https://www.youtube.com/watch?v=IWodjGpTZa0

THE BEST WAY TO EXPERIENCE GOLFFOREVER

We hope one of the options above provides an easy way for you to display your exercise videos on your big-screen TV. However, when it comes down to it, the best way to experience GOLF**FOREVER** is to use it however suits your lifestyle.